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# THE POWER OF HOPE

Hope is an important protective factor that enables individuals and families to thrive. Hope is also an important coping resource to vicarious trauma and burnout among service providers.

This workshop will present how:

- Hope predicts adaptive outcomes
- Hope buffers the effects of adversity
- Hope can be influenced and sustained

This workshop will also present “hands-on” tools to assess and nurture hope across the lifespan.

***Please join us for this free event!***

**(Stay for lunch for just \$15)**

**Friday, August 31**

**Trappers Turn Golf Club • Wisconsin Dells**

**9:30—11:30 AM**

***Register on-line at [www.HopeHouseSCW.org](http://www.HopeHouseSCW.org)***

***Or email: [debb@HopeHouseSCW.org](mailto:debb@HopeHouseSCW.org)***

